

USCLAC Best Performances



Age	G/B	Event	Name	Result	Season
U6	Girls	70m	P.Dempster	13.61	21/22
U6	Girls	100m	S.Anderson	19.54	14/15
U6	Girls	200m	E.Kisby	41.33	21/22
U6	Girls	300m	P.Dempster	01:06.7	21/22
U6	Girls	Long Jump	M. Habermann	2.6	11/12
U6	Girls	Shot Put 1kg	G. Hooper	6	8/9
U6	Girls	Discus 350g	L. Hinckman	11.45	21/22
U7	Girls	70m	M.Jennings	12.64	20/21
U7	Girls	100m	T. Fragiacomano	17.74	19/20
U7	Girls	200m	T. Fragiacomano	37.07	19/20
U7	Girls	300m	T. Fragiacomano	1:02.37	19/20
U7	Girls	500m	R.Foreman	1:56.65	20/21
U7	Girls	Long Jump	R.Foreman	3.13	20/21
U7	Girls	Shot Put 1kg	M.Byrnes	5.49	12/13
U7	Girls	Discus 350g	D.Finn	13.23	16/17
U8	Girls	70m	T. Fragiacomano	11.52	20/21
U8	Girls	100m	T. Fragiacomano	15.84	20/21
U8	Girls	200m	T. Fragiacomano	34.84	20/21
U8	Girls	400m	T. Fragiacomano	01:21.22	20/21
U8	Girls	700m	T. Fragiacomano	02:38.17	20/21
U8	Girls	60m Hurdles	T. Fragiacomano	11.46	20/21
U8	Girls	Long Jump	T. Fragiacomano	3.49	20/21
U8	Girls	High Jump	E.Harland	1.1	20/21
U8	Girls	Shot Put 1.5kg	C.Tagg	6.9	15/16
U8	Girls	Discus 500g	M.Foreman	15.61	20/21
U9	Girls	70m	T. Fragiacomano	11.08	21/22
U9	Girls	100m	G.McKenna	15.59	16/17
U9	Girls	200m	J.Edmondstone	32.36	18/19
U9	Girls	400m	A.Ferroussat	1:15.23	17/18
U9	Girls	800m	J.Edmondstone	2:51.49	18/19
U9	Girls	60m Hurdles	T. Fragiacomano	11.19	21/22
U9	Girls	700m Walk	E.Dreyzin-Howell	4:26.75	15/16
U9	Girls	Long Jump	J.Edmondstone	3.79	18/19
U9	Girls	High Jump	B. Carter	1.2	12/13
U9	Girls	Shot Put 2kg	C.Tagg	6.64	16/17
U9	Girls	Discus 500g	S.Tagg	23.66	16/17
U10	Girls	70m	D.Evans	10.64	17/18
U10	Girls	100m	D.Evans	14.94	17/18
U10	Girls	200m	K.Peters	31.61	16/17
U10	Girls	400m	T.Cason	1:10.22	16/17
U10	Girls	800m	A.Sheridan	02:42.94	20/21
U10	Girls	60m Hurdles	S.Wheeler	11.47	16/17
U10	Girls	1100m Walk	S.Kennedy	6:53.57	11/12
U10	Girls	Long Jump	J.Edmondstone	4.09	19/20
U10	Girls	High Jump	B. Carter	1.24	13/14
U10	Girls	Shot Put 2kg	C.Tagg	8.43	17/18
U10	Girls	Discus 500g	R. Fassolis	31.68	9/10
U11	Girls	100m	J.Schreiver	14.05	17/18
U11	Girls	200m	D.Evans	29.25	18/19
U11	Girls	400m	J.Schreiver	1:05.87	15/16
U11	Girls	800m	A.Sheridan	2:39.01	21/22
U11	Girls	1500m	A.Sheridan	5:15.19	21/22
U11	Girls	80m Hurdles	J.Edmondstone	15.03	20/21
U11	Girls	1100m Walk	C.Brayley	5:01.37	11/12
U11	Girls	Long Jump	D.Evans	4.37	18/19
U11	Girls	High Jump	B.Carter	1.37	14/15
U11	Girls	Triple Jump	B.Carter	8.92	14/15
U11	Girls	Shot Put 2kg	A.Boutchard	8.45	14/15
U11	Girls	Discus 750g	S.Hempstead	24.34	18/19
U11	Girls	Javelin	I. Fitzpatrick	17.4	9/10
U12	Girls	100m	J. Schreiver	13.54	18/19
U12	Girls	200m	J.Schreiver	27.81	18/19
U12	Girls	400m	J. Schreiver	1:06.64	18/19
U12	Girls	800m	A.Stringer	2:37.29	15/16
U12	Girls	1500m	A.Stringer	5:11.88	15/16
U12	Girls	80m Hurdles	S. Elkington	13.80	21/22
U12	Girls	1500m Walk	C.DePaoli	10:29.90	12/13
U12	Girls	Long Jump	J.Schreiver	4.54	18/19
U12	Girls	High Jump	B.Carter	1.56	15/16
U12	Girls	Triple Jump	B.Carter	10.2	15/16
U12	Girls	Shot Put 2kg	A.Boutchard	10.16	15/16
U12	Girls	Discus 750g	C.Tagg	26.63	18/19
U12	Girls	Javelin	I. Fitzpatrick	21.6	10/11
U13	Girls	100m	S.Wylie	13.48	11/12
U13	Girls	200m	A.Swan	27.95	17/18
U13	Girls	400m	A.Swan	1:02.44	17/18
U13	Girls	800m	N. Fitzpatrick	2:25.84	8/9

Age	G/B	Event	Name	Result	Season
U6	Boys	70m	R.Hopkins	13.22	21/22
U6	Boys	100m	R.Hopkins	19.05	21/22
U6	Boys	200m	R.Hopkins	39.29	21/22
U6	Boys	300m	R.Hopkins	01:04.7	21/22
U6	Boys	Long Jump	S.Ledger	2.7	8/9
U6	Boys	Shot Put 1kg	B. Rocco	5.08	11/12
U6	Boys	Discus 350g	N. Odgers	13.8	9/10
U7	Boys	70m	M.Stoker	12.26	14/15
U7	Boys	100m	M.Stoker	16.76	14/15
U7	Boys	200m	J.Charlton	37.27	18/19
U7	Boys	300m	M.Stoker	58.98	14/15
U7	Boys	500m	M. Blahy	1:59.28	16/17
U7	Boys	Long Jump	J. Peters	3.5	10/11
U7	Boys	Shot Put 1kg	M.Stoker	7.52	14/15
U7	Boys	Discus 350g	M.Stoker	18.77	14/15
U8	Boys	70m	M.Stoker	11.54	15/16
U8	Boys	100m	J. Peters	16.32	11/12
U8	Boys	200m	N. Charlton	33.82	13/14
U8	Boys	400m	O.Kisby	1:18.76	19/20
U8	Boys	700m	O.Kisby	2:35.89	19/20
U8	Boys	60m Hurdles	C. Caldwell	11.45	13/14
U8	Boys	Long Jump	J. Peters	3.57	11/12
U8	Boys	High Jump	N. Charlton / W. Douglas	1.05	3/14 14/15
U8	Boys	Shot Put 1.5kg	R. McCormack	7.2	8/9
U8	Boys	Discus 500g	M.Stoker	20.38	15/16
U9	Boys	70m	M.Stoker	10.64	16/17
U9	Boys	100m	N.Charlton	15.06	14/15
U9	Boys	200m	N.Charlton	30.92	14/15
U9	Boys	400m	O.Kisby	01:09.8	20/21
U9	Boys	800m	O.Kisby	02:36.9	20/21
U9	Boys	60m Hurdles	I. Campbell	11.09	17/18
U9	Boys	700m Walk	R.Hanton	4:18.75	11/12
U9	Boys	Long Jump	M.Stoker	4.19	16/17
U9	Boys	High Jump	C. Hartley	1.17	20/21
U9	Boys	Shot Put 2kg	J. Payne	8.97	8/9
U9	Boys	Discus 500g	M.Stoker	27.97	16/17
U10	Boys	70m	S. Salta	10.16	12/13
U10	Boys	100m	J.Peters	14.47	13/14
U10	Boys	200m	M.Hondroudakis	29.88	16/17
U10	Boys	400m	M.Hondroudakis / O.Kisby	1:08.94	16/17 -21/22
U10	Boys	800m	O.Kisby	2:35.31	21/22
U10	Boys	60m Hurdles	Z. Jeffrey	10.9	10/11
U10	Boys	1100m Walk	C.Smith	6:21.82	11/12
U10	Boys	Long Jump	M.Stoker	4.57	17/18
U10	Boys	High Jump	J. Peters	1.31	13/14
U10	Boys	Shot Put 2kg	J. Payne	11.93	9/10
U10	Boys	Discus 500g	M. Stoker	39.32	17/18
U11	Boys	100m	N.Charlton	13.67	16/17
U11	Boys	200m	N.Charlton	28.52	16/17
U11	Boys	400m	M.Hondroudakis	1:04.61	17/18
U11	Boys	800m	S.Newsham	02:23.14	20/21
U11	Boys	1500m	S.Newsham	4:57.37	20/21
U11	Boys	80m Hurdles	M.McGregor	13.59	21/22
U11	Boys	1100m Walk	C.Smith	6:18.06	17/18
U11	Boys	Long Jump	J.Peters	4.87	14/15
U11	Boys	High Jump	R.Kliese	1.38	19/20
U11	Boys	Triple Jump	S.Salta	10.08	14/15
U11	Boys	Shot Put 2kg	J. Payne	12.88	10/11
U11	Boys	Discus 750g	M.Stoker	45.01	18/19
U11	Boys	Javelin	M.Stoker	30.6	18/19
U12	Boys	100m	L. Sheilds	13.08	12/13
U12	Boys	200m	N.Charlton	27.25	17/18
U12	Boys	400m	B. Modini	1:00.22	9/10
U12	Boys	800m	W.Kisby	02:18.00	20/21
U12	Boys	1500m	W.Kisby	04:41.6	20/21
U12	Boys	80m Hurdles	C.Donnelly	14.00	21/22
U12	Boys	1500m Walk	R.Visona	8:16.80	15/16
U12	Boys	Long Jump	A.Champion	5.18	16/17
U12	Boys	High Jump	A.Champion	1.61	16/17
U12	Boys	Triple Jump	S.Salta	10.38	15/16
U12	Boys	Shot Put	M.Stoker	12.53	19/20
U12	Boys	Discus 750g	M.Stoker	40.71	19/20
U12	Boys	Javelin	T. Loiero	35.3	12/13
U13	Boys	100m	K.Clark	12.42	16/17
U13	Boys	200m	R.O'Dwyer	25.26	14/15
U13	Boys	400m	W.Kisby	59.55	21/22
U13	Boys	800m	W.Kisby	2:13.72	21/22

U13	Girls	1500m	A.Stringer	5.01.51	16/17
U13	Girls	80m Hurdles	S. Wyllie	14	9/10
U13	Girls	200m Hurdles	M.Hartley	30.84	20/21
U13	Girls	1500m Walk	S.Tiver	8.34.30	11/12
U13	Girls	Long Jump	B.Keller	4.95	16/17
U13	Girls	High Jump	B.Carter	1.61	16/17
U13	Girls	Triple Jump	B.Keller	10.06	16/17
U13	Girls	Shot Put 3kg	A.Boutchard	9.63	16/17
U13	Girls	Discus 750g	Ch.Tagg	31.72	19/20
U13	Girls	Javelin	T. Paehua	23.3	8/9

U14	Girls	100m	A. Baldwin	13	8/9
U14	Girls	200m	A.Dell	26.52	14/15
U14	Girls	400m	C.Johnstone	1.01.67	21/22
U14	Girls	800m	M.Mitchell	2.19.29	21/22
U14	Girls	1500m	M.Mitchell	4.59.52	21/22
U14	Girls	80m Hurdles	S. O'Dempsey	12.69	8/9
U14	Girls	200m Hurdles	M.Megson	29.66	16/17
U14	Girls	1500m Walk	S.Tiver	10.29.30	12/13
U14	Girls	Long Jump	S. Tiver	4.97	12/13
U14	Girls	High Jump	T. Paehua	1.63	9/10
U14	Girls	Triple Jump	K.Tapungao	11.39	17/18
U14	Girls	Shot Put 3kg	T. Fassolis	10.71	9/10
U14	Girls	Discus 1kg	M. Stuurup	37.06	9/10
U14	Girls	Javelin	M. Stuurup	32.64	8/9

U15	Girls	100m	S.Welsh	12.38	16/17
U15	Girls	200m	S.Welsh	25.69	16/17
U15	Girls	400m	A.Swan	1.00.68	19/20
U15	Girls	800m	A.Stringer	2.20.62	18/19
U15	Girls	1500m	A.Stringer	4.59.53	18/19
U15	Girls	90m Hurdles	S. O'Dempsey	13.4	10/11
U15	Girls	300m Hurdles	K. Higgins	47.72	19/20
U15	Girls	1500m Walk	S.Tiver	9.40.59	13/14
U15	Girls	Long Jump	S. O'Dempsey	5.11	10/11
U15	Girls	High Jump	S. Tiver	1.6	13/14
U15	Girls	Triple Jump	C.DePaoli	10.71	15/16
U15	Girls	Shot Put 3kg	C.DePaoli	9.46	15/16
U15	Girls	Discus 1kg	B.Shemansky	27.4	19/20
U15	Girls	Javelin	C.Ferris	28.11	18/19

U16	Girls	100m	S.Welsh	12.16	17/18
U16	Girls	200m	S.Welsh	25.24	17/18
U16	Girls	400m	A.Dell	1.00.74	16/17
U16	Girls	800m	T.Clegg	2.26.66	15/16
U16	Girls	1500m	T.Clegg	5.26.57	15/16
U16	Girls	90m Hurdles	A.Boutchard	14.78	18/19
U16	Girls	300m Hurdles	A.Boutchard	49.68	18/19
U16	Girls	Long Jump	C.Ferris	5.11	19/20
U16	Girls	High Jump	S.Tiver	1.51	14/15
U16	Girls	Triple Jump	C.Ferris	10.47	19/20
U16	Girls	Shot Put 3kg	A.Boutchard	10.65	18/19
U16	Girls	Discus 1kg	B.Shemansky	27.63	20/21
U16	Girls	Javelin	S.Tiver	28.35	14/15

U17	Girls	100m	B.Jones	13.15	18/19
U17	Girls	200m	S.Tiver	26.15	15/16
U17	Girls	400m	S.Tiver	58.77	15/16
U17	Girls	800m	C.Ferris	2.20.91	20/21
U17	Girls	1500m	C.Ferris	5.19.17	20/21
U17	Girls	100m Hurdles	M.Megson	16.57	18/19
U17	Girls	300m Hurdles	A.Boutchard	48.92	19/20
U17	Girls	Long Jump	S.Tiver	5.13	15/16
U17	Girls	High Jump	S.Tiver	1.61	15/16
U17	Girls	Triple Jump	C.Ferris	10.44	20/21
U17	Girls	Shot Put 3kg	A.Boutchard	11.51	19/20
U17	Girls	Discus 1kg	B.Shemansky	29.76	21/22
U17	Girls	Javelin	C.Ferris	31.12	20/21

U13	Boys	1500m	W.Kisby	4.33.01	21/22
U13	Boys	80m Hurdles	B. Visona	13.46	13/14
U13	Boys	200m Hurdles	A.Van Straten	29.96	21/22
U13	Boys	1500m Walk	C.Smith	8.12.07	19/20
U13	Boys	Long Jump	S.Salta/J.Peters	5.43	16/17
U13	Boys	High Jump	B. Visona	1.65	13/14
U13	Boys	Triple Jump	S.Salta	11.13	16/17
U13	Boys	Shot Put 3kg	A.Tagg	12.98	18/19
U13	Boys	Discus 750g	J.Pooles	50.49	20/21
U13	Boys	Javelin	A.Tagg	36.83	18/19

U14	Boys	100m	C.Atkins	11.63	17/18
U14	Boys	200m	K.Clark	24.09	17/18
U14	Boys	400m	S.Morgan	55.93	15/16
U14	Boys	800m	E.Dixon	2.17.79	16/17
U14	Boys	1500m	M.Power	4.51.45	21/22
U14	Boys	90m Hurdles	S.Morgan	13.53	15/16
U14	Boys	200m Hurdles	R.O'Dwyer	27.72	15/16
U14	Boys	1500m Walk	C.Smith	08:04.49	20/21
U14	Boys	Long Jump	R.O'Dwyer	5.94	15/16
U14	Boys	High Jump	R.O'Dwyer	1.78	14/15
U14	Boys	Triple Jump	R.O'Dwyer	12.82	15/16
U14	Boys	Shot Put 3kg	J.Pooles	16.04	21/22
U14	Boys	Discus 1kg	M.Stoker	49.09	21/22
U14	Boys	Javelin	J.Pooles	45.99	21/22

U15	Boys	100m	R. O'Dwyer	11.29	16/17
U15	Boys	200m	S.Morgan	23.14	16/17
U15	Boys	400m	S.Morgan	53.08	16/17
U15	Boys	800m	L. Ferroussat	2.08.10	16/17
U15	Boys	1500m	L. Ferroussat	4.28.99	16/17
U15	Boys	100m Hurdles	S.Morgan	13.96	16/17
U15	Boys	300m Hurdles	S.Morgan	42.27	16/17
U15	Boys	1500m Walk	F.Swan	10.47.93	16/17
U15	Boys	Long Jump	R. O'Dwyer	6.42	16/17
U15	Boys	High Jump	R. O'Dwyer	1.95	16/17
U15	Boys	Triple Jump	J.Fabiani	12.59	18/19
U15	Boys	Shot Put 4kg	M.Tiver	12.33	16/17
U15	Boys	Discus 1kg	A.Tagg	47.71	20/21
U15	Boys	Javelin	M.Tiver	40.62	16/17

U16	Boys	100m	C. Shanks	11.37	17/18
U16	Boys	200m	C.Shanks	23.15	17/18
U16	Boys	400m	C.Shanks	51.76	17/18
U16	Boys	800m	L.Ferroussat	2.07.01	17/18
U16	Boys	1500m	L.Ferroussat	4.44.66	17/18
U16	Boys	100m Hurdles	J.Brown	14.86	19/20
U16	Boys	300m Hurdles	J.Brown	44.89	19/20
U16	Boys	Long Jump	P. Boland	6.17	20/21
U16	Boys	High Jump	R.O'Dwyer	1.8	17/18
U16	Boys	Triple Jump	M.Tiver	12.43	17/18
U16	Boys	Shot Put 4kg	M.Tiver	13.47	17/18
U16	Boys	Discus 1kg	J.Brown	30.71	19/20
U16	Boys	Javelin	M.Tiver	34.32	17/18

U17	Boys	100m	P. Boland	11.50	21/22
U17	Boys	200m	P. Boland	23.42	21/22
U17	Boys	400m	N.Charlton	52.04	21/22
U17	Boys	800m	L.Ferroussat	2.10.21	18/19
U17	Boys	1500m	L.Ferroussat	4.43.14	18/19
U17	Boys	110m Hurdles	P.Boland	16.01	21/22
U17	Boys	300m Hurdles	P.Boland	40.43	21/22
U17	Boys	Long Jump	M.Tiver	6.23	18/19
U17	Boys	High Jump	M.Tiver	1.7	18/19
U17	Boys	Triple Jump	C.Hine	12.89	17/18
U17	Boys	Shot Put 5kg	M.Tiver	12.1	18/19
U17	Boys	Discus 1.5kg	N.Colless-White	36.9	8/9
U17	Boys	Javelin	D. Barker	39.74	9/10

Events discontinued

U8	Girls	300m	A. Swan	59.15	12/13
U8	Girls	500m	G.McKenna	1.54.28	15/16
U11	Girls	70m	S.Posselt	11.32	15/16
U11	Girls	60m Hurdles	S.Wheeler	11.25	17/18
U11	Girls	Discus 750g	A.Stoker	18.29	15/16
U12	Girls	70m	A. McDonald	10.05	13/14
U12	Girls	60m Hurdles	B.Carter	11.13	15/16
U13	Girls	70m	A. Dell	10.16	13/14
U14	Girls	70m	T. Fagan	9.38	13/14
U15	Girls	70m	S. Tiver	9.71	13/14
U15	Girls	200m Hurdles	S. Tiver	30.58	13/14
U16	Girls	200m Hurdles	S.Tiver	29.61	14/15
U17	Girls	200m Hurdles	S.Tiver	28.73	15/16

U8	Boys	300m	E. Mackay	1.40.28	12/13
U8	Boys	500m	N. Charlton	1.48.84	13/14
U11	Boys	70m	Z. Rohlf	9.66	13/14
U11	Boys	60m Hurdles	K. Barnett	10.1	10/11
U11	Boys	Discus 750g	A.Tagg	26.16	16/17
U12	Boys	70m	J.Peters	10.03	15/16
U12	Boys	60m Hurdles	A.Champion	10.26	16/17
U12	Boys	Shot Put 3kg	A.Tagg	9.8	17/18
U13	Boys	70m	B. Visona	9.61	13/14
U13	Boys	Discus 1kg	J.Payne	39.73	12/13
U14	Boys	70m	L. Bischoff	9.26	13/14
U15	Boys	70m	N. Heath	9.35	13/14
U15	Boys	200m Hurdles	L. Edwards	31.68	8/9
U17	Boys	200m Hurdles	D. Barker	25.8	9/10